

Worksheet: Questions for You to Answer Before You Ever Date

Before you Begin: Be as honest as possible in your responses. The next page will offer guidance on these issues.

Passions and future:

- 1) What are some things you are truly passionate about?

- 2) What do you want your life to look like in 10 years?

- 3) What are qualities you want in a boyfriend/future husband?

Basic Questions:

- 4) What is the purpose of teenage dating?

- 5) Do you believe it's OK to date a non- Christian? Why?

- 6) Do you believe that sex and physical intimacy is for marriage only? Why or why not?

Boundaries:

- 7) Do you have enough courage to tell someone to stop doing something if he pushes too far? Also, if you ever ended up on a date that felt uncomfortable could you tell the boy to take you home?

8) How much do you plan to be in contact with this person per day?

9) What boundaries do you have for physical temptation?

10) How much do you plan to emotionally invest in your teenage relationships?

1) What are some things you are truly passionate about? No commentary here

2) What do you want your life to look like in 10 years?

The decisions you make during your high school years will have a PROFOUND effect on the rest of your life. The relationships (romantic and friend) will play a large role as well. I'm sure your plan did not include "Get an incurable STD. Have a baby out of wedlock. Go to a party and almost die of alcohol poisoning. Start doing drugs and hope I don't get addicted."

Stay focused on what you want to accomplish and do not let a friend, boyfriend or stupid life decision change that.

3) What are qualities you want in a boyfriend/future husband? This does not need to be super specific. Five or six general guidelines will suffice. If you are too specific, you may end up with the wrong person. You could be so concentrated on your list that you miss obvious flaws.

4) What is the purpose of teenage dating? It is basically to help you know what you do and do not want in a future spouse. It's also to learn about yourself and what really gets on your nerves in a romantic relationship or characteristics you really like.

Teenage dating is not meant to last forever, so please don't pour your heart and soul into it. You should never try to make a teenage dating relationship "work."

5) Do you believe it's OK to date a non-Christian? Why?

As harsh as this sounds, it is not OK to date a non-Christian if you are one. You are supposed to live a life after God and His will. An un-saved person is not living their life for God and will not understand you. It is OK to be friends with this person and invite them to church, etc., but do not date them.

If you think you can lead them to the Lord through your relationship, please read the post "Three Reasons Missionary Dating Doesn't Work."

6) Do you believe that sex and physical intimacy is for marriage only?

God created sex and physical intimacy ONLY for marriage. There is a high price to be paid if you decide to do this outside of marriage. There are no gray areas here. SEX is for MARRIAGE.

7) Do you have enough courage to tell someone to stop doing something if he pushes too far? Also, if you ever ended up on a date that felt uncomfortable could you tell the boy to take you home?

You MUST be OK with doing this. If you are not, you may end up doing something you will regret simply because saying no made you feel uncomfortable. It's your life and your body; SAY NO or TAKE ME HOME. 😊

8) How much do you plan to be in contact with this person?

You should seriously not spend more than an hour a day, total, talking to/texting/etc. More than that causes you to start neglecting other relationships, exploring your interests, and investing in your future.

9) What boundaries do you have for physical temptation?

You must have set physical boundaries. I have heard countless teenagers say they had sex because, "It just happened." It doesn't just happen. You need to set boundaries and stand FIRM on them. If a guy tries to push you, he's out.

10) How much do you plan to emotionally invest in your teenage relationships?

The more you invest emotionally in a relationship, the more it will tear you apart when it ends. Do not make your boyfriend your life. Keep your emotions in check.

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